

Season 2022 - 2023 practice schedule

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>ballet</i>
<i>Beginners</i>		6-7pm		6-7pm			
<i>Little Gymnasts</i>			6-7pm	6-7pm			
<i>Pre-team-1</i>	6-7:30pm			6-7:30pm			Mon & Th 5:15 - 6pm
<i>Pre-team-2</i>			4:30 - 6pm		4:30 - 6pm		Mon 6 - 6:45pm
<i>XCEL</i>			6:30 - 8:30pm			1:30 - 4pm	Wed 5:30 - 6:30pm
<i>XCEL-2</i>					6 - 8pm	12:30 - 3pm	Wed 5:30 - 6:30pm
<i>Level 3</i>		4-6pm		4-6pm		9-11am	Tue & Th 6-7pm
<i>Level 4</i>	4-6:30pm		4-6:30pm		4-6:30pm	11 - 1:30pm	Mon & Wed - 6:30 - 7:30pm
<i>Level 5</i>		4:00 - 7:30pm	4:00 - 7:30pm	4:00 - 7:30pm		9-12:30pm	Wed - 7:30 - 8:30pm Sat - 12:30 - 1:30pm
<i>Level 6</i>	4 - 8pm	4 - 7pm			4-8pm	9 - 1pm	Tue - 7-8pm Sat - 1:30 - 2:30pm
<i>Level 7</i>	5-9pm	5-9pm	5-9pm		5-9pm	11-3pm	Wed - 4-5pm Sat - 10-11am
<i>Level 8</i>	5-9pm	5-9pm	5-9pm		5-9pm	11-3pm	Tue - 4-5pm Sat - 9-10am
<i>Level 9-10</i>	5-9pm	5-9pm		5-9pm	5-9pm	11 - 3pm	Mon & Th - 4-5pm